

# Thornlands State School TUCKSHOP MENU



## Available Mornings

Hot Milo	\$1.50
Brain Break Fruit	\$1.00
Breaka	\$2.00
Honey Crunch Slice	\$1.50
Homemade Choc Slice	\$1.50



Salad - presented in a takeaway tub  
 Sub - on a fresh long bread roll  
 Wrap - wrapped in a fresh tortilla wrap

**TUCKSHOP OPEN**  
 Wednesday, Thursday  
 & Friday from 8:15am

**EFTPOS AVAILABLE**  
**GLUTEN FREE AVAILABLE**



## Sandwiches made on wholemeal bread

Vegemite	\$2.50
Cheese	\$2.50
Ham	\$3.00
Egg & Lettuce w/mayo	\$3.50
Salad lettuce, tomato, grated carrot, cucumber w/mayo	\$3.50
Ham OR Chicken & Cheese	\$3.50
Ham, Cheese & Tomato	\$3.80
Salad with Ham OR Chicken OR Cheese lettuce, tomato, grated carrot, cucumber w/mayo	\$4.00
<b>GLUTEN FREE BREAD</b>	<b>\$1.00</b>

**Salad, Sub or Wrap**  
 Pick your filling then choose your style

<b>Chicken Caesar</b> chicken, bacon bits, croutons, lettuce, parmesan cheese & caesar dressing	\$4.50
<b>Mexican Beef &amp; Bean</b> mexican beef & bean mix, lettuce, tomato, salsa & cheese	\$4.50
<b>Italian</b> ham, salami, cheese, lettuce, tomato w/mayo	\$4.50
<b>Chicken Salad</b> seasoned chicken, cheese, lettuce, carrot, cucumber, tomato w/mayo	\$4.50
<b>Tandoori Chicken</b> tandoori chicken, lettuce, tomato w/greek yoghurt	\$4.50



## Snacks

Fresh Fruit	\$1.00
Carrot Sticks	\$1.00
Boiled Egg (peeled)	\$1.00
Pineapple Hoola Hoops (2)	\$1.00
Popcorn (made fresh to order)	\$1.00
Honey Crunch Slice oats, honey & dried fruit	\$1.50
Homemade Choc Slice	\$1.50
Custard Cup	\$2.00
Vanilla Yoghurt Cup	\$2.00
Apple Crumble Cup cooked apple, custard, honey crunch topping	\$2.50
Yoghurt Berry Crunch natural yoghurt, berries, honey crunch topping	\$2.50
Fruit Salad assorted seasonal fruits	\$3.00



## Toasties & Quesadillas

Cheese Toasty	\$2.50
Ham OR Chicken & Cheese Toasty	\$3.50
Ham, Cheese & Tomato Toasty	\$3.80
Chicken Quesadilla chicken, cheese & salsa wrapped in a tortilla and toasted	\$4.50
Mexican Quesadilla mexican beef & bean, cheese & salsa wrapped in a tortilla and toasted	\$4.50

**Pizza**  
 Made fresh to order!

<b>Hawaiian</b> ham, pineapple & cheese	\$4.00
<b>Margarita</b> homemade pizza sauce & cheese	\$4.00
<b>BBQ Chicken</b> chicken, cheese & BBQ sauce	\$4.00
<b>Ham</b> ham & cheese	\$4.00



## Burgers Friday (only)

<b>Chicken Burger</b> lettuce, tomato & sauce	\$5.00
<b>Beef Burger</b> lettuce, tomato & sauce	\$5.00
<i>Sauces available - tomato, BBQ or mayo</i>	



**Hot Meals**  
 Wed & Thur only

<b>Oven Fried Rice</b>	\$3.50
<b>Butter Chicken &amp; Rice</b>	\$4.00
<b>Pasta</b> penne pasta w/homemade bolognaise	\$4.00



## Drinks

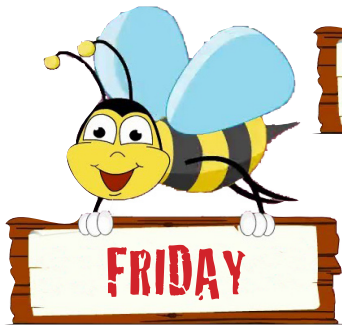
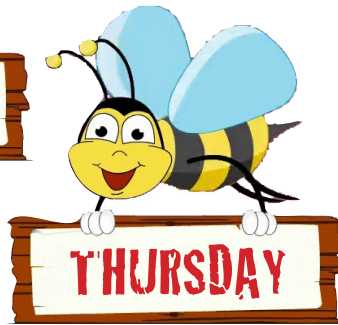
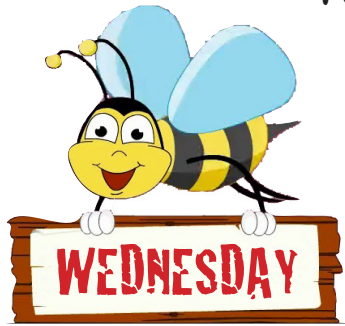
Bottled Water	\$1.50
Fresh Milk low fat 200ml cup	\$1.30
Breaka Milk choc, strawberry, vanilla	\$2.00
Fruit Juice apple or orange 250ml	\$2.00



## Frozen Treats

<b>Clown Stick</b> frozen fruit juice & yoghurt	60c
<b>Frozen Slushy</b> fruit juice based 200ml	\$2.00
<b>Frozen Yoghurt</b> various flavours	\$2.20

## TUCKSHOP OPEN DAYS



### ~ Tuckshop Window ~

Opens 8:15am to 9:00am for lunch orders, hot milo, brain break fruit, breakas, honey crunch slice, homemade choc slice

### ~ Window Orders ~

Please ensure your child's name and class is written on the bag

### ~ All Lunches ~

Must be pre-ordered by 9:00am

~ Tuckshop is only open for the first break ~

### ~ Ice-blocks and Slushy's ~

Only available after the second bell



## OMG Moments!

We all have "dropped the ball" days!  
Lunch is lost, missing or left behind.

### **DON'T PANIC!**

Please ensure you instruct your child to tell their teacher, or come and talk to us at the tuckshop, and we will make sure they don't go hungry!

*We will send home an OMG invoice with the amount owed*

Order online at

**flexischools.com.au**

We encourage parents to sign-up with Flexischools. It's an easy, convenient way for you to order lunch for your students.

You can order that morning, the night before or week before!

To contact our Tuckshop

Ph: 3821 8111 (school)

Email: thornlandstuckshop@gmail.com



If you would like to help out in our **AWARD WINNING** tuckshop, drop in and see us anytime



Many Hands Make **LIGHT** Work

**"ALL ITEMS ARE HOMEMADE WITH LOVE BY YOUR TUCKSHOP TEAM"**