### Tuckshop Menu

**Thornlands State School**

**Available Mornings**
- Hot Milo $1.50
- Brain Break Fruit $1.00
- Breaka $2.00
- Honey Crunch Slice $1.50
- Homemade Choc Slice $1.50

**Sandwiches**
- Vegemite $2.50
- Cheese $2.50
- Ham $3.00
- Egg & Lettuce w/mayo $3.50
- Salad $3.50
- Ham OR Chicken & Cheese $3.50
- Ham, Cheese & Tomato $3.80
- Salad with Ham OR Chicken $4.00
- OR Cheese $3.50

**Gluten Free Available** $1.00

**Toasties & Quesadillas**
- Cheese Toasty $2.50
- Ham OR Chicken & Cheese Toasty $3.50
- Ham, Cheese & Tomato Toasty $3.80
- Chicken Quesadilla $4.50
- Mexican Quesadilla $4.50

**Available Wed & Thu only**
- Chicken Burger $5.00
- Beef Burger $5.00

**Salad, Sub or Wrap**
- Salad – presented in a takeaway tub
- Sub – on a long bread roll
- Wrap – wrapped in a fresh tortilla wrap

**Salad, Sub or Wrap**
- Chicken Caesar $4.50
  - chicken, bacon bits, croutons, lettuce, parmesan cheese & caesar dressing
- Mexican Beef & Bean $4.50
  - mexican beef & bean mix, lettuce, tomato, salsa & cheese
- Italian $4.50
  - ham, salami, cheese, lettuce, tomato w/mayo
- Chicken Salad $4.50
  - seasoned chicken, cheese, lettuce, carrot, cucumber, tomato w/mayo
- Tandoori Chicken $4.50
  - tandoori chicken, lettuce, tomato w/greek yoghurt

**Pizza Made fresh to order!**
- Hawaiian $4.00
  - ham, pineapple & cheese
- Margarita $4.00
  - homemade pizza sauce & cheese
- BBQ Chicken $4.00
  - chicken, cheese & BBQ sauce
- Ham $4.00
  - ham & cheese

**Oven Fried Rice** $3.50

**Burgers**
- Butter Chicken & Rice $4.00
- Pasta $4.00
  - penne pasta with homemade bolognaise

**Hot Meals**

**Drinks**
- Fresh Fruit $1.00
- Carrot Sticks $1.00
- Boiled Egg (peeled) $1.00
- Pineapple Hoola Hoops (2) $1.00
- Popcorn (made fresh to order) $1.00
- Honey Crunch Slice Oats, honey & dried fruit $1.50
- Homemade Choc Slice $1.50
- Custard Cup $2.00
- Vanilla Yoghurt Cup $2.00
- Apple Crumble Cup $2.50
- Yoghurt Berry Crunch $2.50
- Fruit Salad assorted seasonal fruits $3.00

**Frozen Treats**
- Bottled Water $1.50
- Fresh Milk low fat 200ml cup $1.30
- Breaka Milk choc, strawberry, vanilla $2.00
- Fruit Juice apple or orange 250ml $2.00
- Clown Stick $0.60
  - frozen fruit juice & yoghurt
- Frozen Slushy fruit juice based 200ml $2.00
- Frozen Yoghurt various flavours $2.20

**Breaka Milk**
- choc, strawberry, vanilla $2.00

**Fruit Juice**
- apple or orange 250ml $2.00

**Available Wed, Thurs & Fri from 8:15am**

**Smart Choice Menu Award 2015**

**Movers & Shakers Award 2015**

**EFTPOS Available**

**Gluten Free Available**

**Menu Open**

- Wednesday
- Thursday
- Friday from 8:15am
Tuckshop Open Days

~ Tuckshop Window ~
Opens 8:15am to 9:00am for lunch orders, hot milo, brain break fruit, breakas, honey crunch slice, homemade choc slice

~ Window Orders ~
Please ensure your child’s name and class is written on the bag

~ All Lunches ~
Must be pre-ordered by 9:00am

~ Tuckshop is only open for the first break ~

~ Ice-blocks and Slushy’s ~
Only available after the second bell

OMG Moments!

We all have “dropped the ball” days! Lunch is lost, missing or left behind.

DON’T PANIC!

Please ensure you instruct your child to tell their teacher, or come and talk to us at the tuckshop, and we will make sure they don’t go hungry!

We will send home an OMG invoice with the amount owed

Order online at flexischools.com.au

We encourage parents to sign-up with Flexischools. It’s an easy, convenient way for you to order lunch for your students.

You can order that morning, the night before or week before!

To contact our Tuckshop
Ph: 3821 8111 (school)
Email: thornlandstuckshop@gmail.com

Many Hands Make LIGHT Work

“ALL ITEMS ARE HOMEMADE WITH LOVE BY YOUR TUCKSHOP TEAM”